IMPORTANT NOTICE!

May we suggest that our gentle readers remember that the mails are unusually heavy around the Christmas holidays and that, while our material goes out as regularly as usual, delays may occur in mail delivery. Let us just bless this state of affairs as another opportunity to expand our Divine patience, thus becoming more like the nature of Beloved Sanat Kumara! Thank you and God bless you!

Fraternally Yours

DEAR EDITOR: As "The Bridge to Freedom" is written to acknowledge the variation in the seasons of the year for those north of the equator, how shall we apply the monthly instruction when we live south of the equator and our seasons are exactly opposite? A. D. Buenos Aires, Argentina.

EDITOR: Through the natural exercise of common sense, acknowledge the Beings representative of Spring, Summer, Harvest, at the time when these Beings are active in your zone. Back issues of "The Bridge to Freedom" will provide you with the material and your own initiative must be used to utilize the instruction according to the seasonal outpourings of your environment.

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BELOVED ONES OF "THE BRIDGE TO FREEDOM":

I would like to express my thanks to you for the magnificent gifts given me through "The Bridge," "The Bulletin" and "Hope." In the Spring of last year I was directed to your announcement in "Mystic" magazine. . . .

A short time before "The Bridge" was given to me, I found myself just naturally blessing the weather. Do you see what the decrees for the water element . . . have given me. O, that I may show a profit for all that I have received. Dearly beloved ones, you who were able to go forward and contact the Great Ones, I thank you, I love you and three times daily I bless you. . . . If you choose to use this note in any way to help another, please do so, with my blessing.—*G.P.L., Watertown, N. Y.*

EDITOR: God bless you, friend of Light, for your interest in Our words and works at this time and your willingness to take your time and energy to so encourage those who are humbly trying to serve Us in the world of form. Your desire to "show a profit" for all you have received is most commendable and this constructive attitude shall bring you greater opportunities for service than you have known before. This is always the reward for work well done, thus enabling the chela to expand his own light and the light of others more and more until all shadows of imperfection have ceased to be. Carry on! Keep up the good work! We love you and, remember, "I AM" with you always!

THE BRIDGE
TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

Volume IV JANUARY, 1956 No. 10

To the Beloved Spirit of 1956!

The blessings, the hopes and the invocations of the Spiritual Hierarchy rest upon Your noble brow as You enter into the atmosphere of Earth for the next twelve-month cycle, in dignity and poise. Let all the dreams, visions, ideas and plans for increasing mankind's good be manifest and recorded upon Your spiritual garments as deeds well done this year. We decree that 1956 shall be a year of fulfillment! The ephemeral substance of the Inner Realms shall be clothed in the elements of this physical appearance world and shall stand forth *practically manifest* for the blessings of the race.

The incoming tides of spiritual energy forming the chariot in which You have ridden into the atmosphere of Earth, shall be a stimulation toward practical works through the chelas and the people of Earth. We thank the God of Mercy for the forgiving grace that wipes out all destructive karma accumulated in 1955, *motivated by unconscious error.* Thus everyone on Earth now stands, cleansed in mind, body, soul and spirit, waiting to weave into the pristine substance of Your living Presence something of merit to benefit the race and all attendant evolutions in, through and around the planet Earth! WELCOME! Spirit of 1956! We shall see more Divine Love manifest through Your Presence and the sweet Earth more free by reason of That Presence! So be it!

THOMAS PRINTZ, *Editor*

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The Homes and Retreats of The Masters of Wisdom

(GENTLE READER: You will remember that our January issue always has SUPPLEMENTAL DATA of information and instruction concerning the Transmission Classes, mailed as soon as we receive it from Beloved Sanat Kumara. We shall get this out to you in a separate mailing as quickly as possible.)

This column is devoted to giving a description of the Retreat which Sanat Kumara has chosen to be the focus for the directed energies of The Spiritual Hierarchy each month in the yearly cycle. Each Retreat is a concentrated focus of energy, qualified to bless life in a specific manner. The Brothers and Sisters of that Retreat magnetize primal life, qualify it with the radiation (virtue) which Their Retreat has offered to channel into the mental, emotional, etheric and physical bodies of mankind. They even consciously radiate that qualified energy forth to bless the race, even as the physical Sun magnetizes the primal life from the Central Sun of our System and radiates it forth as light, heat, fecundating power, etc.

At the close of each year (December 31st), a new thought-form is designed by the Sun of our System, given to the Silent Watcher and then lowered into the uplifted consciousness of Beloved Sanat Kumara. In turn, He projects this thought-form forth to The Great White Brotherhood. This form is the design of the collective endeavors to be followed by all Members of The Brotherhood for the next twelve months ahead. As this thought-form is not received by Sanat Kumara until December 31st, He does not design the pattern of Retreats to be visited for the next year until January 1st. He chooses those Retreats to be the successive steps in the service of the year which will best outpicture the Divine Will in action,

FRANCHISE NOTICE

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through Their particular momentums of power. Much as a musician plays upon an instrument, using those tones which externalize the melody of the composition, so does Sanat Kumara place the cosmic fingers of The Brotherhood upon these tones (Retreats) which will best externalize the keynote of the year in consecutive order.

A NEW RESOLVE

Gratefully, to the year that's past
We speak—"O, fifty-five—
You've brought us mem'ries that will last
As long as we're alive.
You've brought love's opportunities
With every blessed day—
You did your part to let each heart
Make progress on Life's way.

How many of those days slipped by
Without a definite goal;
Without some seed of kindness sown
To be reaped by another soul?
How gracious of our God to send
Forgiving Violet Fire;
Which transmutes discord into love
And renews all God-desire.

We call that Violet Fire to sweep
Through you, (the year that's gone),
To purify and bless you
As we all travel on."
And as we turn to face the light
Of fifty-six—all new—
We now resolve, by God's great might,
To do what we should do!

Now as we see through the open doors
Of fifty-six—the scheme
Of opportunities to serve,
Let's not just sit and dream.
Let's now ARISE! Be up and doing—
Always present—never late;
Claiming—in our "I AM" service—
VICTORY! our only fate!

CALENDAR OF SPECIAL DAYS OF SPIRITUAL IMPORTANCE IN 1956

April 1	Easter Sunday
May 1	Ascension Day of Master Saint Germain Second Anniversary of coronation of Saint Germain as Presiding authority for the Earth for next 2,000 year cycle.
May 10	Ascension Day of Master Jesus
May 13	Mothers' Day
May 20	Whitsuntide (Pentecost)
May 24	Wesak Festival (10:27 a.m. EST)
July 4	Independence Day
July 22	Asala Festival (4:29 p.m. EST)
August 15	Ascension Day of Beloved Mother Mary
November 2	All Souls' Day
November 22	Thanksgiving Day
December 25	Christmas Day

An Address by
BELOVED PAUL—THE VENETIAN

Sept. 4, 1955

Beloved brothers and sisters, within whose bosoms lives the Immortal Three-fold Flame of Eternal God, I greet you in the name of LOVE! I ask that you accept in your feelings and comprehend in your minds *the strength that is within love.* Many consider love either a negative or a luke-warm quality. Yet, the capacity to drive through the human creation of your fellowman; to pierce through the effluvia of the personality; to stand the impact of the energies of the uncontrolled inner vehicles, as well as the flesh form and to hold true to the recognition, acceptance and magnetization of the Presence of God within that one; *requires,* to My mind, *the greatest strength of the Godhead!* Forsake your thought of love as being a quality that does not contain within itself the pressure of accomplishment! Realize love as the fecundating power; the magnetizing power; the expanding power of God's nature in this Universe and through your fellowman.

I am come today into the atmosphere of Earth in answer to your sincere heart-call, which is your love for Truth and for an understanding of My Presence in this Universe, as well as the Divine purpose which I serve. If you so desire it, I shall help you to intelligently and competently serve in the expansion of love, tolerance, understanding and forbearance, to help your fellowman through your individual and group activities.

I bow before the Immortal Three-fold Flame which is cradled within your hearts. I bow before It in gratitude for the privilege of knowing that God, the Infinite Source of all that is, chooses to expand perfection on the plane in which you function. By the Presence of that Immortal Flame within your hearts, It signifies to all life everywhere that God, the "I AM" Presence, has some activity to perform through you; some expansion of perfection from the heart of the Universal, as a gift to be channelled through your consciousness to bless your fellowman. It signifies also that there is some fragrance; some virtue; some momentum of good which It wishes to write upon the Akashic Records of this physical world. Therefore, I concede with grace the privilege of every man, woman and child upon this Earth to fulfill that Divine Plan. Through

the love which I can direct into each one's heart Flame, I hope to encourage that Divine Plan to come forth and stand externalized, thus helping every man to do the Will of the Father.

"Beloved Presence "I AM" within each human heart, You Who have remained burning brightly within the soul in the encasement of the personal accumulations of the ages; Beloved Presence—*waiting to be loved*—I love You! I love You! I love You! Come forth in response to My love! Come forth on the strength of My confidence in Your supremacy over all human appearances! Come forth in the warmth of My Presence and develop Your gifts; sing Your songs; radiate Your perfume; write in dignity and honor upon the face of this Earth the portion of the Divine Plan for which the Father sent You into being! O, Immortal Presence of Love within each member of the human race, I love You! I love You! I love You! Come forth! Beloved Presence, magnetized by that love. *Take command of the outer self and do that which You alone can do through each lifestream.*"

Beloved Orion—Elohim of Third Ray

Dear friends, I bring to you today an understanding of the triple activity of the Pink Flame (Third Ray), which you have been magnetizing by decrees and contemplating in silence. The power of the great Orion (Elohim of the Thirl Ray) is the aspect of Divine Love which sets the Cosmos into motion. In your group work, you have been calling that power forth through your decrees. These fiats consciously issued do change the pattern and course of activities in the Inner Spheres; they remove mass accumulations of distress. The Cosmic love thus set into motion impersonally, locks the Flame of God around the cause and core of imperfection, removing it before it can be written upon the screen of life as distress of mind, body and affairs. This is the great impersonal love and service of the Elohim. It is the love of impersonal, constructive service to life. This activity is on such a subtle plane that individuals in human consciousness are often not even cognizant of it.

Beloved Chamuel—Archangel of Third Ray

Now I would like to bring you an understanding of Divine love as expressed by the Archangel Chamuel. This is the love which stirs the power of gratitude within the hearts of men, Angels and Elementals; that which stirs a feeling of reverence for life and understanding of the beneficence of the great

Universal First Cause, as well as all the Messengers (Ascended or otherwise), Who serve that Cause. This love awakens the dormant, Divine nature of the student to a conscious feeling of gratitude for blessings received. This activity expands until, one day, it does become Universal.

Beloved Venetian—Chohan of the Third Ray

Then, stepping down the action of the Pink Ray through Myself (as Chohan of the Third Ray), My service is to draw the love of the Cosmos and the gratitude for and adoration to God (the unseen) into the individual to manifest as love for his fellowman, giving that individual the capacity to serve his fellowman practically until every lifestream is free.

You can see how different consciousnesses function. As you step *up* the scale, Chohan to Archangel to Elohim, you will see the different aspects of the love nature of God. My service as Chohan of the Third Ray is little understood. I shall endeavor to convey to you the realization that *it is not enough* to love the Cosmos, God and the Masters Whom you have not seen and Whom you can readily worship. In abstract worship, They will cause no contradiction to the outer self. To bring that love down through your minds, feelings and actions into a sincere love for your fellowman is My service to life!

Blessed friends, consider for a moment a fundamental tenet of the Cosmic Law, as drawn to your attention by the Ascended Master Saint Germain. From your "I AM" Presence is directed the Immortal Three-fold Flame of God into your physical heart. It is the life and intelligence by which you have existence. It enables you to think, feel and say "I AM". Now that same Flame, beloved ones, has also been anchored within the hearts of everyone of your fellowmen upon this planet; all those who stand at the Gates of Birth and all those who have passed from physical bodies in so-called "death". That Flame around which is coalesced the physical form, is a signpost to you that God, the "I AM" Presence, desires to render some specific service to life through yourself, as well as through your fellowman. God, the "I AM" Presence within the Immortal Flame of everyone you meet or contact, has ordained that some portion of the Divine Plan; some gifts of His Presence; some great and important link in the entire Divine Pattern should be externalized wherever a human form abides. It is to encourage the externalization, the development and the

unfoldment of God's Will through Our fellowman that We have forsworn Nirvana; that We have chosen to walk by the side of all whose souls have turned toward Heaven; all whose spirits are becoming restless within the bonds of selfish pursuits; all who feel, no matter how grossly expressed, a talent which they would like to develop and give to the world.

The genius of the artist; the magnificence of the trained voice or the accomplished musician, is easy to love! That talent has already been developed and there is externalized through that lifestream something that is a pleasurable gift to all receivers. How many can love the first stirrings of a talent that expresses in a voice not so sweet; in music inharmonious, but in true endeavor? It is easier far to turn away; to ridicule or to forget; easier to cling to the garments of beauty in self-righteous claims of loving perfection. These individuals are not their "brothers' keepers".

Beloved ones, in the ground-work of the great New Age, there will be stirrings in the souls of men as the mighty Violet Transmuting Flame brings the power of spiritual fecundation into the atmosphere of Earth. Those stirrings will manifest as what? According to his light, the outer man considers true worship that which might appall the perfectionist; that which might repel the sensitive. The strong man, who has love within his heart, stands by such endeavors and the crudest prayer; the simplest song; the most earnest endeavor of the least of these is fanned by loving interest and encouragement. That which at first seems imperfect is fashioned by love into a thing of magnificence, beauty and eternal light. *I know*—for I have worked with lifestreams developing through every channel of expression. The embryo politician, educator, artist, scientist, missionary, occultist—I have worked with the least of them, loving them to a point where our Beloved Maha Chohan has said: "Now, Paul, give them to the Chohan of their own Ray. There is now enough development of their initial pattern so that they can be efficacious under that Ray." *Who loved them before* they were consciously ready to assist their Chohan; *before* the pattern was apparent; when only the realization that *because they were* and had being, God desired to do some good and perfect thing through them? *I did!* Only the realization of their potentialities helped me to love them through the refining of the gross expression to the fine and beautiful design that is within them. Can you do the same? Can you come from the Realms of Cosmic

Activity where you have mastered the powers of invocation, magnetization and radiation, to be your "brother's keeper"? Ah, *I say you can*—because I love you! *My love* draws forth from within your soul that part of the Father's nature which is such great love for all His creation—from the smallest sparrow to the greatest Sun. *You may have it!* If you want me to assist you, I will give you My feeling of love for your fellowman.

Dear friends of light, what is this Liberty Flame of which we speak? It is the Immortal Flame of God within your heart which gives you liberty to magnetize, qualify and radiate light. There is no intelligence in any Sphere who does not have the Flame of Liberty to use.

What, then, is the Freedom Flame? It is the power to magnetize from the Godhead and Its Focuses of Light, that Cosmic activity and radiation which is so needed in this world of form—the power to sublimate and transmute human error.

Why are Councils Necessary?

Beloved friends, *let Me enter your worlds* and let us counsel together for a while. Our great Lord Maha Chohan sits in Council so often with the Chohans. What do We do? Some of our intellectual friends have wondered why a "council" would be necessary when every Master is in possession of the All-Knowing Mind of God. Counsel and the exchange of ideas (which is the communion of the Saints), enriches even the consciousness of Alpha and Omega in the Great Central Sun! What is such communion in essence? You have been told that We are "specialists". Our consciousnesses, Our minds and Our feelings are devoted to promulgating some particular aspect of Divine Law. Those of Us Who are the Chohans of the Seven Rays particularly, are not only cognizant of the Cosmos, but of the chelas and of the great masses of the people who come under Our specific Rays.

Therefore, in contemplation, We can expand the periphery of Our consciousness and become acquainted with any knowledge We require at any given moment. Not any One of Us is fully cognizant of all the detailed activities of every one of mankind belonging to every Ray. For instance, the Beloved Morya would know in detail the evolution of Intelligences on His Ray (the First). In order to acquaint Myself with the service that Beloved Morya's Ray can offer, I often sit in

counsel with Him. Presenting to Him for execution, My portion of the Divine Plan of the hour, Beloved Morya can then draw on the momentums of His Ray and say (as He often has done): "Fine! I have an individual in Morocco (or wherever such chela might be) who would be suitable for this task. He has certain strengths and faith within the inner bodies and I shall see that he is contacted at once". Thus, My endeavors to hold peace through love are supplemented by El Morya; by Saint Germain or any of the Great Ones through Their chelas. Sometimes, when We gather together, and Our Beloved Maha Chohan places before Us the Divine Plan which Lord Maitreya or Sanat Kumara has given Him, We may find a need for added assistance in the fulfillment of that Plan. Then, rather than having to go through the entire research of every lifestream, Angel, Elemental, Deva and Elohim belonging to the rest of the Universe, the Maha Chohan has the summary of available help right there before Him, through Us as the focal point. Not only the summary is there for Him, but the co-operation and full backing of each of Our Rays, to give Him whatever He requires. This He may accept or He may not care to use it at all at that time.

It is the furthering of such Divine comradeship in the world of man that Beloved Saint Germain desires—the capacity to harmoniously exchange ideas and communion of consciousness which brings a World Brotherhood; an understanding of the consciousness, problems, heritages and limitations of every race. An understanding of the strengths, gifts and powers of that race is necessary to make a World Order. The West, giving of its vital energies, can be blessed by the grace of the East. The East, on the other hand, "bogged down" by lethargy and superstition, may be given new life and vitality by the West. In the drawing of the students from India, China and the entire Asiatic Continent into the Occidental schools (which has been a portion of My service to life), We have endeavored to bring some illumination, free of superstition, back into those countries. You have little understanding of what it means to a lifestream who comes here from the East and receives an education, together with a greater sense of freedom and illumination. You have no idea what they have to contend with when they go back home, into a pattern which has been established and sustained for thousands of years! They are considered "upstarts" and "revolutionaries".

Few there are who pray for them. They are mine! A little leaven in a great loaf . . . Asia! May there be enough of these emancipated lifestreams to bring redemption to the Orient.

Beloved friends, in speaking of love, I would like to bring out the point that *good strong feelings of positive faith* (a quality which sustains you upon your own Path), are absolutely essential in your world before you can safely indulge in counselling others. Bigotry and intolerance are born of fear because the soul who fears is not anchored within the heart of Truth. Such a soul is afraid that its habitual concepts will be crumbled and its idols destroyed. On the other side of the scales, you have the sentimentalists—the vacillating lifestreams—so eager to agree with all the facets of the Law that there is no strong power of positive assurance that can listen to counsel, *hold to the Truth* and yet allow every man to be his teacher! You must come to a point where you can realize that within the Flame in all human hearts is the Spirit of God, Who might speak to you through the lips of a man on the street or the words of a child. Yet, you must hold within yourself the dignity of following through upon your own purpose.

Our Lord Maha Chohan scarcely speaks at all when We gather together. However, looking upon that firm countenance; those magnificent and impersonal eyes; the tremendous strength in that luminous body; one knows that, although He listens in kindness; accepts ideas in love; blends as best He can both Masters and chela; He is the absolute Master of every Council because He is grounded in the faith which is the heart of His Being.

You and I are not too well acquainted yet. Most of the chelas think of Me as being poised against a marble pillar, playing on a violin. Dear hearts, *My work is strenuous; My consciousness positive* and My service in Asia, Africa, Europe, the Americas and Australia is to stand by the side of those upon whose shoulders rests the responsibility of merging East and West; making a foundation for Saint Germain which is strong enough to hold the great New Age now being born.

I love beauty, true! It is easy to love beauty. A small child can love beauty but I also love practical service! I love you and all life everywhere. Today I have asked the great and mighty Beings of the Pink Ray to transfer to you through

My Own body, consciousness, heart, spirit and momentum, a realization of the positive, practical aspect of kindly courtesy, tolerance, understanding, patience and love. Thank you, beloved ones.

THE GURU AND THE CHELA

By the Ascended Master Kuthumi

(On: Wisdom of holding the silence about inner promptings)

Chela: Beloved Master: There are so many beautiful ideas and promptings which I feel come from my own "I AM" Presence that I do not seem able to externalize. Can you explain why there is this difficulty between inspiration and manifestation?

Guru: Blessed chela: As the student progresses upon the Path and removes the obstructions to clear reception of the directions from the "I AM" Presence, many subtle tests arise. One of these is the often unrecognized "spiritual pride" that desires to impress one's fellow travelers upon the Path with the knowledge, contact, directions and impressions which are claimed to be from either the "I AM" Presence or from an Ascended Being. Some of these impressions are truly Divinely inspired. Others are pressures from the inner vehicles of the student which desire expression through the personality. This point on the Path requires the exercise of discrimination, discretion and constant alertness against those promptings which seek to aggrandize *self*. If the promptings are from the Divine Realms, the student is wise to keep the precious instruction locked within his heart until he can manifest an expression of that prompting. Then he will have no need to make claims, *for his works,* not his words, will proclaim his association with Divinity.

Chela: Beloved Master: What is the best way to divine the nature of such promptings?

Guru: Blessed chela: Good common sense will tell the individual whether the promptings and inspirations, when activated, will help the development of the higher nature

(*Continued on page* 15)

THE MASTERS OF WISDOM SPEAK

ON: THE NECESSITY OF BECOMING STILL

MAHA CHOHAN

I can but affirm the often repeated statement of My Beloved Son, Saint Germain: "The need of the student, no matter what the age of the individual, is to become still often throughout the course of the day to *allow* the energy, directives, radiation and power of the Presence to flow into and nourish the lower bodies and the outer consciousness." In the East, the practice of concentrated meditation upon the Supreme Source prefaces all activity. In the West, where the requirements of each hour seem to demand the attention and energies of the chela, this period of spiritual communion is often neglected and confirmed by the self-righteous feeling that the service is so great that there is literally no time to—"be still and *know* that 'I AM' God."

EL MORYA

Man's submission to the demands and appetites of his lower bodies and his almost hypnotic assurance that their demands, promptings and appetites are the urgings of the Inner Presence, delays his contact with that Presence and his correct and unbiased recognition of Its directions. At present, Our endeavor is to purify, discipline and relegate these vehicles (through which the soul seeks redemption) to their proper position as *servants* of the "I AM" Presence. The stilling of the energies of the mental body; the quieting of the surging sea of the emotional world; the refusal to allow the etheric body to conjure up failures and disillusionments of the past and the disciplining of the flesh body, take time, patience, constancy, strength and understanding. When this is accomplished, the "still small Voice of the 'I AM' Presence" can be heard; Its radiation can be felt; Its strength can flow into the lower bodies and Its sustaining power can and does assist the soul to complete its reason for being.

KUTHUMI

The invocation of the "I AM" Presence, the Archangels, the Elohim, the Ascended Masters and all Powers of Light is essential to magnetize a direct current of Their energies into and through the individual consciousness of the chela. However, there is a point where the individual, having made the necessary application to the spiritual Source of All Good, should *rest* IN THE SILENCE and accept the radiation and benediction invoked. The tendency of the chela is to continue, all through the period of application, to make petitions, decrees, invocations, etc. This does not allow the inner bodies to become quiet enough to accept the gifts invoked. BALANCE between giving one's energy to connect with higher vibrations and accepting those vibrations is essential to spiritual advancement.

PAUL, THE VENETIAN

The activity of truly entering the Great Silence cannot be over-emphasized. The consciousness must be kept positive. The mental, emotional, etheric and physical bodies must be trained to direct their energies toward their SOURCE, but they must not be allowed to "play" at this time with the various thoughts, feelings, memories or physical lassitude that often accompanies the relaxation from actual positive work, in which they are usually employed. It is comparatively easy for the chela on The Path to make the invocations, decrees and visualizations that actually employ the energies of the lower bodies, but it is somewhat difficult for the chela in the Western world to complete his spiritual exercise by commanding the silence of these lower bodies *to receive* the blessings given. He either goes happily to sleep or toys with numerous irrelevant thoughts and feelings, coming from this contemplative period, little richer by reason of his endeavors.

SERAPIS BEY

All good, whether it is supply, health, illumination, faith, strength, love or purification, *comes from God*—the Source of all life. These gifts are dispensed by the Great Beings Who are the Messengers of God. However, no matter how much the conscientious chela calls for the release of these gifts, he cannot receive the fullness of their Presence in his mind,

body, world and affairs, until he has consciously disciplined his lower bodies and *allows* the spiritual essence which he has invoked, to enter therein. You have all had the experience of an individual asking for advice or guidance, then continuing to talk—giving no heed to your council. This is somewhat like the chela who "talks" all through his application—not necessarily with his tongue, but with his mind, feelings, or through his memories. Thus the energies of the lower bodies are in a constant state of motion and deflect, rather than absorb, the radiation and assistance given. After the active application, speak in a consciousness of authority to the vehicles through which your soul seeks redemption. Tell them: "Peace, be still"! Practice will make you more and more able to enjoy the returning benediction and grace which comes as a result of your invocation. Then you will have completed perfectly the spiritual exercise whereby you commune with God and the Perfected Ones, coming from such communion embued with and radiating the blessings thus received.

HILARION

Science is coming to an agreement with the spiritual Truth that all life is in constant motion, from the smallest electron spinning around its core of centripetal force to make up an atom, to the greatest Sun spinning around a Central Sun which, in turn, moves around a greater Focus in Cosmic galaxies beyond the ken of the outer mind. Human beings have lost control of the rhythms of their lower bodies and, rather than the atoms spinning in a harmonious vibration directed by the "I AM" Presence within the heart, they spin erratically, spurred on to greater speed or slowed down by any "tramp" discordant thought, feeling, memory or physical action that engages their attention or takes their fancy from moment to moment. Thus, in the uncontrolled spasms of the lower bodies, the soul cannot and does not receive the peace and benediction of the "I AM" Presence nor the Divine Beings to Whom it has applied for assistance. The natural, rhythmic motion of the atoms in the lower bodies is an invitation to the spiritual currents invoked. The lower bodies (physical, etheric, mental and emotional) then can absorb the assistance which they require and the individual, disciplining the instruments through which he works, comes forth from his spiritual exercise renewed in mind, feelings, soul and body.

JESUS

The demands upon the time, energy, attention and service of the chela who is engaged in a Spiritual Endeavor, form a great stumbling-block to his individual progress, unless he learns how to consciously quiet the energies of his own world, so that new strength, faith and power may be supplied by his own "I AM" Presence and the Divine Beings Who are so willing to assist him. I know this from My Own experience. During My ministry, as today, the world and its people require so much assistance. There is a tendency to rush forth to serve without the necessary period of "re-fueling" at the Cosmic Fount. From some small references to My experience, you will remember that I often "went to the hills to pray". No chela can be of lasting service to the spiritual work at hand unless he understands the necessity for taking time—undivided—from the world (which you will always have with you) to enter the Silence and draw the necessary strength and sanctity from the Source of All Good. This he can then dispense in poise, dignity and loving solicitude for his fellowman.

SAINT GERMAIN

The upward reaching of the outer consciousness through prayer, invocation, decree, visualization and song is only one half of the perfect spiritual exercise, which should be conscientiously employed by Our chelas. The accepting of the energies invoked through controlled, receptive, alert vehicles completes this service. "Take TIME to be holy"! I implore you!

(*Continued from page* 11)

through the personal self or help mankind at large. If there is no selfishness in the idea, wise is the chela who begins the activity of precipitating that idea into the world of form and who follows the admonition of the Master Jesus to *tell no man.*

Chela: Beloved Master: Is it not wise to share beautiful experiences and so enrich the lives of others?

Guru: Blessed Chela: The scientific law of precipitation requires the conservation of energies on all levels in order to have a perfect manifestation. The dissipation of emotional,

mental, etheric or physical energies in talking about an undeveloped idea, greatly hinders its progressive course toward manifestation. If the chela, receiving a Divine idea, were to mould that idea into a workable, practical form in the mental realm and constantly feed that mental form with loving feelings of accomplishment, it would soon descend to the Etheric Realm. Then it would be a short step to clothe the etheric form in the atoms of the physical appearance world and manifestation would occur. However, besides the dissipation of the individual's own mental, emotional, etheric and physical energies which takes place in discussing a project upon which he is working, the individual *invites* the disintegrating forces of doubt, jealousy and unbelief from the consciousness of those to whom he confides his plan. These forces drive into the mental picture; the emotional certainty of accomplishment; and into the delicate etheric substance that is clothing his form in preparing it for manifestation. This makes an unnecessary "battle" for the chela to "follow through" upon the inspiration received, without having the "cold water" of other consciousnesses thrown upon his plan.

Chela: Beloved Master: How can we inspire others if we cannot share with them our inner experiences of beauty?

Guru: Blessed chela: The greatest possible inspiration is in manifest works. All the words in the world will do little but stimulate the mental bodies of others to study and endeavor to find the true Law themselves. The chela who has a Divine experience and the tenacity of personal energy to draw from that experience a manifest expression of beauty, *is the most wonderful inspiration to all about him.*

Chela: Beloved Master: Is it right to tell of an experience after manifestation has occurred?

Guru: Blessed chela: Certainly, *if* the motive for that telling is to help another child of God to greater understanding. If the motive is to build up the ego and personality of the one who has had such a manifestation, the Law will automatically remove future experiences of like victory from the one indulging in spiritual pride—no matter by what name the chela chooses to call it.

Excerpts from an Address by

BELOVED SERAPIS BEY

(On: The Inner Cause and Inner Healing of Disease)

(NOTE: *This article is presented at the request of many of our readers who noted the letter from Havana, Cuba, in the September 1955 issue of our journal in the column "Fraternally Yours" and desired to have the instruction given by Beloved Serapis Bey.*)

"My beloved friends, *the healing of the New Day comes under an entirely different aspect of the Law* than all preceding service along this line, because we enter a New Cycle wherein *permanent illumination* will outpicture as Divine perfection and the activity of the Healing Flame will be directed toward the *dissolving of the INNER CAUSES within the life-stream,* which result from certain definite mal-adjustments in both mind and body.

Science is beginning to realize that a great many physical and mental disorders are due to unseen emotional causes which rest within the consciousness of those concerned; sometimes buried beneath the reach and memory of the individual's personal identity.

The increase of illumination flowing from the Fifth Ray will open to the earnest and honest members of the Healing Profession a new understanding which will require the blending of religion and science, one of the integral steps toward freedom which has been promised to mankind.

To illustrate briefly: Every organ and cell within the physical mechanism has a vibratory action of its own, separate and distinct from the vibratory action of its neighbor's. Within the inner bodies, there are certain centers that *vibrate in unison* with these physical organisms. Certain mental and emotional distortions within the inner bodies affect the physical mechanism in a discordant manner, so that the inner vehicles must be harmonized and purified in order to have a permanent relief and release from mal-adjustment of the outer self. When these inner causes are removed from the consciousness *by illumination of the outer mind,* the purification of the inner bodies and the co-operation of the personal self, you will find the distressing effect in the physical organism dissolved and dropping away.

This is why the spiritual healing of today is more protracted than in the earlier days, but it provides a vast field for experimentation by the lifestream interested in "raising the cover" on this tremendous science, with the desire to join one's forces with the Cosmic movement of the Age and, by application, to manifest the proof of the Law presented. An intelligent understanding of the mechanics of the physical form in relation to the other three lower bodies, will enable you to become more valuable to the Hierarchy and to mankind in the treating and dissolving of the cause behind the appearances of imperfection.

The nervous system of the body was provided to carry pure light from the "I AM" Presence to sustain the various organisms and to motivate them according to the direction of the Higher Mind (Holy Christ Self). Medical science will attest to the fact that the brain center directs impulses of energy through the nervous system, which precede all activity, conscious and unconscious. When the impulses from the brain are blocked by contracted nerve channels or injured nerves, the body ceases to function perfectly in the particular area where such blockage occurs. WHY? *Because the light* (which is life), *is the only animating and motivating power in the Universe* and, if the channel through which it passes does not *remain open* (for one reason or another), the light in that portion of the body, organ, limb or cell, steadily decreases, having no feeding station from which to draw.

The nervous system is affected by all discordant vibrations set up in the mental, emotional and etheric bodies. It is like a hose that has lost its resiliency, or become stuck together, so that the passage of fluid through it is no longer possible and it becomes unfit for use. Fear, depression, uncertainty, as well as anger and other violent emotions, continually corrode the lines of very sensitive fibers which comprise the nervous system. This causes old age, disintegration and so-called "death". The blockage of the flow of light through the nervous system is the only reason that the various parts of the body cease to receive the renewing power contained within this natural life-flow and, gradually, disintegration takes place. In the ordinary course of Nature, if the nervous system was not impaired, even the small percentage of light allotted to the use of the outer self of mankind today (*only 5 to 10% of that which could be his*

were he to remain wholly harmonious at all times!) would completely renew every nerve, every cell, every tissue, every bone and muscle within six months to one year! The light that flows through the nervous system carries the renewing power and, when the channels through which that light flows are disintegrated, the renewing and rejuvenation processes cease.

In his progress to perfection, although mankind would have had to change his physical garments from time to time in order to vary his life experience on the Earth-plane, he could wear those garments (bodies) in youth and beauty and discard them while they were yet functioning perfectly, by merely consciously withdrawing all the life and light from the nervous system and the cells and atoms which were still intact. Then the remaining structure, (placed in the Flame), would be returned to its natural elements.

All poor eyesight, impaired hearing and retarded mental faculties, as well as all "wasting" diseases to which mankind are prone (*and, for that matter, every imperfect expression of dis-ease*) is lack of light, resulting from blockage or "broken lines" which previously carried light into that particular section of the anatomy that seems to be disturbed.

You would do well to secure a chart of the physical body and study the nervous system. You will find that the nerves extend all the way to the tips of the fingers and toes and to all strategic and vital organs and that fine hair-lines of feeders (which may not be illustrated on the chart) extend from the main channels.

If there is an appearance of distress or disease in any particular section of the vehicle, *you can thus intelligently trace the particular part of the nervous system that has been impaired. This can be replaced and rebuilt by the visualization of the light flowing through that section,* repairing the damage done. Then the lifestream must be carefully examined for the *cause within* which has shattered the nervous system in that section. *A sincere call to your own God Presence will reveal* (in the privacy of your own heart) *the conditions of the mental, emotional and etheric bodies which are responsible for the damage.*

In the Name and Authority of your own Beloved "I AM" Presence, COMMAND that discord to CEASE! That discord is merely impulses of vibration which are like the clashing

of cymbals in a destructive manner. Command such discord to cease in your bodies and in those of ALL mankind. In this way, *you could rebuild* any faulty organ into perfect health in a matter of hours, days, weeks or months, according to your specific capabilities and concentration. Blessings and love to you all."

* * * *

A HEALING MEDITATION

Let the "I AM" Three-Fold Flame within my heart expand!
Let It charge Its healing essence through my heart and head and hand!
Let Its joyous radiance now penetrate each part,
Saturate my being with the substance from God's heart.

Let me now accept that every call I make is heard;
As my need is known, the love in every Master's stirred.
Back upon the very line of energy I've spent
To make the call, the answer comes! Instantly, it's sent!

Let me get still—so very still—and listening within,
Let me *feel* the Master's current, healing to begin;
Calling on forgiveness for the *cause* of all that's wrong—
Living henceforth in the light, I sing the Victor's song!

"Come! O, Master Jesus, come! Bring us Thy quick relief!
'I believe, Lord, I believe! Help Thou mine unbelief!'
Possessing us, let Thy great consciousness of Truth prevail;
The "I AM" calls are answered! God's love can NEVER fail!"

(IMPORTANT: If the gentle reader will actually *use* these words and visualize them as taking place for him, the momentum built will heal him personally; then, he can repeat the same activity, seeing it take place for others. Try it! Please do not just read and discard! Use this "treatment" and get manifest results!)

Excerpts from an Address by BELOVED VICTORY

April 5, 1955

Beloved friends of My heart and of the planet Earth, I come tonight to bring to you the God-victorious qualification of My life; the full gathered Cosmic momentum of energy which is Mine, resulting from My use of the gift of primal life through the ages. I am bringing to you My consciousness and quality of victorious accomplishment; that accomplishment

which will accept no compromise; which will accept no defeat; which knows, through the Cosmic Flame of Cosmic Christ Truth, *that Cosmic Law is absolutely certain to act for and through the individual,* when correctly applied. When that Law is consciously applied, the energy is released qualified with perfection and, *if harmony is sustained, victory is assured!*

Upon the planet Venus from whence I come, there is no such thing as failure, disease or compromise with imperfection. On the planet Venus, all of life (abiding within the harmony, balance and purity of the Godhead) moves forward to fulfill the Divine Plan, manifesting through each self-conscious Intelligence, their own God-victories and expanding forever the perfection of the Kingdom of God.

How long has the planet Venus looked upon and assisted your sweet Earth? How long have We taken as Our self-chosen responsibility the guiding of the people of Earth; the guarding of their lifestreams; the sustaining of the light that would keep the planet Earth a part of Its Solar System? O, We have loved you long, blessed children. Some among you to whom I speak are of Our Own evolution. Some among you are those who have loved the Earth and Her people as We do; who have chosen to take the dense bodies of this Earth; who have chosen to encompass yourselves round with a portion of the great karma of the nation and of the race to which you temporarily belong. By expanding your light according to the development of your own momentums, you have helped this planet Earth to sustain Her place in the Solar System. To you, blessed exiles from Home, I bring the love and blessings of Sanat Kumara; the love and blessings of the great Goddess Venus and the blessings from the heart of Shamballa, to enfold you with whatever power and pressure of energy are required to sustain you in your endeavors to hold the Torch of Light high, expanding the light wheresoever you may be and to become manifest expressions of the victorious Christ Presence as witness to all men of the power of God acting through the human form!

One day, beloved ones, every one of you who has chosen to place your feet upon the Path which leads to the Ascension —when the final electron which you have drawn from your own "I AM" Presence has been requalified with only good; one day, when your course is run; one day when, truly, "all

has been said and done" in this world of form; you will hear the call of your great Presence. Then you will know that you have completed in victory that for which you came earthward. The first sensation of your soul, as it is sublimated and absorbed into your Light bodies, will be My feeling of the victory of full accomplishment!

Whenever there is a sense of dissatisfaction and of discontent; a sense of incompleteness; *it is because the soul itself within you cries for the fullness of the feeling of victory,* which is an integral part of your own nature. Why? Because the quality of Victory is one of the twelve primal Virtues of the Godhead Itself. While you are not manifesting those twelve Qualities and Virtues (those twelve positive activities of your own qualified life), you feel within yourself a sense of something missing. It is to bring to you the qualified pressure and power of My Flame of Victory that I have come here this night.

Beloved friends, *please do not rest on compromise!* There is no one unascended who has not compromised with appearances, to some extent! You know the power of God intellectually; in your credos, you have accepted the full power of the Godhead to act but you have compromised with appearances by allowing to live in your consciousnesses and in your worlds, distress of mind, body and affairs. You have not taken the hand of Victory; you have not drawn His victorious currents through your world to bring you to Mastery in Its fullness. *The Master Jesus knew no compromise!* He knew no compromise with death; no compromise with disease or insanity; no compromise with any human appearance. He stood fully and completely anchored in the faith, confidence and belief of the God-power ALMIGHTY to act through Him. *That God-power so invoked, was victorious in every manifestation of His daily life!*

I am the Spirit and the Flame of Victory! I am the Servant of every man who chooses to stand alone with his God and, within his heart, refuse to accept compromise with evil; holding to that command that the victorious power of the All-Christ through such an one, shall wipe the slate clean of all distresses of mind, feelings, body and affairs.

I have been invoked by the few through the ages; by the few who refuse to compromise with evil; who refuse to accept the appearance reports of the masses; the few who have stood

adamant, holding to a vision received from God and, using the energies of their own worlds, interesting the lifestreams of some few around them. These pressed forward until victorious accomplishment of their inner vision was written on the screen of life as manifest works.

I was the Spirit of Victory within the heart of Columbus—the Spirit which enabled that man to stand against the ridicule of all the scholars of his day and to hold to that Vision which he believed could be manifest. Through that vision which he held, there has been drawn into being this magnificent nation of America, builded in God's Name, where mankind has such freedom to express themselves; not only in religion and government affairs, but in the opulence of personal living. Those of you who have not witnessed the lack and privation of foreign lands cannot conceive of the bounty of America!

Beloved ones, individuals who are going to rise above the mediocre masses; individuals who are going to stand in the Heart of Light; individuals who are going to become focuses in this world of form for more than ordinary God-powers, *must begin to accept the pressure of Victory by light in their feeling worlds.*

In your class work; in your personal application; in your home life; in your business affairs; may I ask you as a personal favor please, before you plunge into the activity of the moment or of the day, *take time to become still, until your feeling world connects with Me!* Then you will move into action *confident of Victory!* NOTHING of lasting import is ever accomplished with a feeling of vacillation; a feeling of negation; a feeling of defeat or compromise! Why—O, why, Children of the One Holy God! Children of the Light and Flames of the Morning! Why do you stand in decadent bodies; in distressed minds; in limited consciousnesses; in financial lack; when the victorious powers of the All-Christ is yours to use? Why can you not reach out and, meeting Me halfway, grasp My hand with your own? Then ask Me to charge into your feeling world My feeling of Victory to change the vibratory actions of timidity, vacillation, doubt and a consciousness of defeat—all of which have been yours for so many centuries. If you will do this, I will change your doubtful feelings *into My feeling of victorious God-accomplishment!*

Thank you, beloved ones, and God bless you!